

What if Someone is Cyber Bullying Me!!!



Stop - Don't respond to a cyber bully at all. Responding just escalates the abuse.

Block - Block individuals who bully you online or on your cell phone.

Tell - Tell a trusted adult about the problem. Show them evidence you have printed out. If the bullying is particularly serious they may want to report it to law enforcement.

Google yourself occasionally to see what may be being said about you on websites.

Check out
stopcyberbullying.org

What if Someone is Cyber Bullying Me!!!



Stop - Don't respond to a cyber bully at all. Responding just escalates the abuse.

Block - Block individuals who bully you online or on your cell phone.

Tell - Tell a trusted adult about the problem. Show them evidence you have printed out. If the bullying is particularly serious they may want to report it to law enforcement.

Google yourself occasionally to see what may be being said about you on websites.

Check out
stopcyberbullying.org

What if Someone is Cyber Bullying Me!!!



Stop - Don't respond to a cyber bully at all. Responding just escalates the abuse.

Block - Block individuals who bully you online or on your cell phone.

Tell - Tell a trusted adult about the problem. Show them evidence you have printed out. If the bullying is particularly serious they may want to report it to law enforcement.

Google yourself occasionally to see what may be being said about you on websites.

Check out
stopcyberbullying.org

What if Someone is Cyber Bullying Me!!!



Stop - Don't respond to a cyber bully at all. Responding just escalates the abuse.

Block - Block individuals who bully you online or on your cell phone.

Tell - Tell a trusted adult about the problem. Show them evidence you have printed out. If the bullying is particularly serious they may want to report it to law enforcement.

Google yourself occasionally to see what may be being said about you on websites.

Check out
stopcyberbullying.org

Stop Cyber Bullying!



Cyber bullying is any form of bullying using e-mail, instant messaging, chat rooms, websites, gaming sites or cell phone messaging.

Remember:

1. Don't be a cyber bully, don't support a cyber bully or spread mean gossip posted online to others.
 2. Support classmates who are being bullied.
 3. Tell an adult at school or at home.
 4. Print out the evidence to show an adult.
 5. Let cyber bullies know it's not OK to do what they are doing.
 6. Remember, anything we post can be traced back to us.
- Monitor your own online reputation, too.

Stop Cyber Bullying!



Cyber bullying is any form of bullying using e-mail, instant messaging, chat rooms, websites, gaming sites or cell phone messaging.

Remember:

1. Don't be a cyber bully, don't support a cyber bully or spread mean gossip posted online to others.
 2. Support classmates who are being bullied.
 3. Tell an adult at school or at home.
 4. Print out the evidence to show an adult.
 5. Let cyber bullies know it's not OK to do what they are doing.
 6. Remember, anything we post can be traced back to us.
- Monitor your own online reputation, too.

Stop Cyber Bullying!



Cyber bullying is any form of bullying using e-mail, instant messaging, chat rooms, websites, gaming sites or cell phone messaging.

Remember:

1. Don't be a cyber bully, don't support a cyber bully or spread mean gossip posted online to others.
 2. Support classmates who are being bullied.
 3. Tell an adult at school or at home.
 4. Print out the evidence to show an adult.
 5. Let cyber bullies know it's not OK to do what they are doing.
 6. Remember, anything we post can be traced back to us.
- Monitor your own online reputation, too.

Stop Cyber Bullying!



Cyber bullying is any form of bullying using e-mail, instant messaging, chat rooms, websites, gaming sites or cell phone messaging.

Remember:

1. Don't be a cyber bully, don't support a cyber bully or spread mean gossip posted online to others.
 2. Support classmates who are being bullied.
 3. Tell an adult at school or at home.
 4. Print out the evidence to show an adult.
 5. Let cyber bullies know it's not OK to do what they are doing.
 6. Remember, anything we post can be traced back to us.
- Monitor your own online reputation, too.